

ULTIMATE FITNESS CENTER

RATE GUARANTEE: _____

EXP: _____

619-427-3488

AUTHORIZED BY: _____

THEULTIMATEFITNESSCENTERS.COM

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30AM	FULL BODY FITNESS	FULL BODY FITNESS	FULL BODY FITNESS	FULL BODY FITNESS	FULL BODY FITNESS	CORE SPECIFIC BOOT CAMP & TIA CHI	
9:00AM							RITMO LATINO
9:30AM	CORE SPECIFIC	ZUMBA	CORE SPECIFIC	RITMO LATINO	ZUMBA	ZUMBA KUNG FU**	
6:00pm	CORE SPECIFIC	CORE SPECIFIC	CORE SPECIFIC	CORE SPECIFIC		**ADDITIONAL FEE	
6:30PM		KUNG FU**		KUNG FU**			
7:00PM	ZUMBA	ZUMBA	ZUMBA	ZUMBA			
8:00PM	ZUMBA	ZUMBA (DEMO)	ZUMBA	FULL BODY FITNESS			

LIKE US ON FACE BOOK AND FOLLOW US ON INSTAGRAM @ULTIMATEFITNESSCENTERGYM

MONDAY-THURSDAY 5AM-11PM FRIDAY 5AM-10PM SATURDAY 8AM -7PM SUNDAY 8AM-3PM